



SMALL PLATES AKA APPETIZERS

SMOKED CHICKEN WINGS

Fresh split chicken wings, dry rubbed, slow roasted, flash fried to finish, sauced to your liking - fall off the bone delicious 14

BREADED CHICKEN TENDERLOINS

Freshly prepared Filets - Beer battered dipped, deep fried 12.50

WISCONSIN CHEESE CURDS

Battered dipped and fried. Served with honey mustard sauce 12.50

BRUSSEL SPROUTS WITH BALSAMIC GLAZE

Sauteed split sprouts with bacon bits 13.50

Add bread bowl or flat bread for 2.50

SPINACH & ARTICHOKE DIP

Served with warm seasoned pita chips and shredded parmesan cheese 13

HUMMUS & TABOULI WITH FLATBREAD

Served with feta, greek olives, tzatziki and cucumber relish 13.50

FRESH TORTILLA CHIPS

Served with chunky salsa & Guacamole 9

QUESADILLA CHEESE OR CHICKEN

Cheese or chicken, served with fresh pico de gallo, salsa and sour cream 12

BOWLS

Add Protein:

Grilled Seasoned Chicken Breast +5
Salmon Filet +8 • Grilled Shrimp +7

BANG BANG BOWL

Wild rice, edamame, diced tomatoes, shredded carrots, cilantro, shredded cabbage, bang bang sauce 10

MAPLE GLAZE BOWL

Brown rice, brussel sprouts, diced sweet potatoes, white tuscan beans, Hickory smoked bacon, with maple glaze sauce 10

SWEET SESAME CHICKEN POKE BOWL

Marinated chicken breast, cucumber, sliced red onion, edamame, mandarin orange, cilantro, sesame seeds, wonton crisps, seaweed salad, short grain rice, soy ginger dressing 13.50



SALADS

All salads served with flatbread crackers and a roll

Add Protein:

Grilled Seasoned Chicken Breast +5
Salmon Filet +8 • Grilled Shrimp +7

CAPRESE PASTA SALAD

Whole wheat pasta, fresh mozzarella, cherry tomatoes, red grapes, arugula, fresh basil, balsamic vinaigrette 12.75

CHOPPED MICHIGAN SALAD

Chopped Greens, candied pecans, diced granny smith apples, dried cherries, blue cheese crumbles 12

CLASSIC CAESAR SALAD

Fresh crisp chopped Romaine lettuce, shaved parmesan cheese, crumbled seasoned croutons, caesar dressing 11

SUPERFOOD SALAD

Arugula, kale mix, avocado, cucumber, broccoli, croutons, edamame, shredded red cabbage 12

MEDITERRANEAN SALAD

Bowl of fresh greens, cucumbers, cherry tomatoes, diced red onions, kalamata olives, banana peppers, Greek Dressing 12.50



WRAPS & FLATBREADS

All wraps and sandwiches includes house made chips and kosher pickle spear

SMOKED TURKEY CLUB WRAP

Thinly sliced smoked turkey, diced tomato, bacon, sliced cheddar cheese, fresh greens wrapped in a flour tortilla 12.50

SALMON WRAP

Grilled Salmon, fresh spinach, diced red onion and tomato, brown rice with a drizzle of balsamic glaze wrapped in a flour tortilla 14

VEGGIE WRAP

Spinach tortilla filled with spring mix greens, Tuscan beans, roasted red bell peppers, tofu, balsamic glaze 13

CHICKEN PESTO FLATBREAD

Seasoned grilled chicken, spinach sauteed mushrooms, red onions, tomato, shredded parmesan cheese, mozzarella cheese, basil pesto 14.50

SANDWICHES

GRILLED CHEESE ON SOURDOUGH

Jack, cheddar, swiss, shredded parmesan, american cheese. honey mustard 11.50

BLTA

Bacon, lettuce, tomato, avocado and avocado aioli served on sourdough 12.25

CAPRESE SANDWICH

Fresh Mozzarella, slow roasted tomatoes, basil, arugula, balsamic glaze on whole grain bun or sourdough bread 12



RUEBEN SANDWICH

The classic! Piled with thinly sliced corned beef, melted swiss cheese, sauerkraut grilled pumpernickel bread, 1000 island on the side 15

CHICKEN SANDWICH

Fried or grilled chicken breast, deep fried, served on a brioche bun with sliced kosher pickle, tomato, greens and spicy sweet and sour sauce 14

BURGERS

7oz. Certified Angus Beef, cooked to medium unless otherwise requested.
Includes choice of one side.

Add On's:

- + Jalapenos 1 • Sautéed Red Onion 1.25 • + Mushrooms 2.50
- + Swiss, pepperjack or American Cheese 2 • + Hickory Smoked Thick Cut Bacon 3
- + Avocado 3 • The Works 4

THE MAC BURGER - Served on toasted brioche bun, open face pita or lettuce wrap 13.50

TURKEY BURGER - 8oz lean 90/10 freshly ground and lightly seasoned 13.50

SALMON BURGER - Formed and lightly breaded - Flat Griddled 14.50

BEYOND BURGER - Gluten Free Bun. Plant Based Protein 15



SMOOTHIES

Regular 7 • Kids 5

Add Protein +1 • Whey, Vegan, Chocolate, or Vanilla

DAYS SUNSHINE SMOOTHIE

Strawberry, pineapple, banana, mango, yogurt, and carrot

AVOCADO SMOOTHIE

Banana, mango, pineapple, and almond milk

RECOVERY SMOOTHIE

Banana, strawberry, pineapple, and apple juice

CHOCOLATE-COVERED RASPBERRY

Yogurt, raspberry, almond milk, chocolate sauce or chocolate protein

BLUEBERRY STRAWBERRY BANANA

Blueberry, strawberry, banana, and water

IMMUNITY

Apple juice, blueberry, raspberry, pineapple, and ice

MANGO TANGO

Mango, pineapple, yogurt, and orange juice

MUSCLE BUILDER

Banana, graham cracker, protein, ice, and milk

STRAWBERRY BANANA

Banana, strawberry, and water

KID FRIENDLY

UNICORN SMOOTHIE

Strawberry, banana, yogurt, almond milk, whipped cream, and sprinkles

DINOSAUR SMOOTHIE

Spinach, banana, yogurt, and orange juice



BREAKFAST

WET BREAKFAST BURRITO

Green chili enchilada sauce, chorizo or breakfast sausage 10.50

MACFAST

Eggs, protein, potatoes, sour dough toast 9

AVOCADO TOAST

Avocado, Roasted tomatoes, Hickory Smoked Bacon, Arugula, fried eggs, everything spice, avocado aioli 10

BELGIAN WAFFLES

Served with 4 berry sauce, warmed maple syrup, whipped topping 11

YOGURT PARFAIT

Granola and fruit 8

ACAI BOWLS

Acai puree, bee pollen, strawberries, banana's, granola, honey and Nutella drizzle 9.50

DESSERT

CARROT CAKE TOWER

Enough for two servings if you can share 9.50

KEY LIME PIE

Freshly made, Light, Refreshing, Slightly Sweet 7.50

CHOCOLATE LAVA CAKE A LA MODE

7.50

BLUEBERRY LEMON RICOTTA POUND CAKE

8

SOUP CHILI

Ask your server for today's offering - Cup 3.50 • Bowl 5

We are starting a chili revolution, our secret recipe packed with tasty fresh ingredients and protein - Cup 4.50 • Bowl 6

KIDS

Includes entree, side & drink 10

ENTREES

- Chicken Tenders
- Macaroni & Cheese
- Burger / Cheeseburger
- Grilled Cheese
- Cheese Pizza
- Chicken Quesadilla

SIDES

- Friench Fries
- Carrot / Celery
- Salad
- Oranges
- Yogurt
- Chips
- Broccoli

SIDES

4.75

- Brown Rice
- Quinoa
- Low Fat Cottage Cheese
- Fresh Side Of Seasonal Fruit
- Cucumber Salad

- Sweet Potato Fries
- French Fries
- Tater Tots
- Parmesan Truffle Fries

- Beans/Tofu/Roasted Bell Peppers
- Warmed Spinach with Sun-dried Tomato with garlic oil infusion
- Side House salad with choice of dressing

Ask your server about menu items that are cooked to order or served raw. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. MENUS CREATED BY GORDON FOOD SERVICE © 2025